Since 1984, the Asthma and Allergy Foundation of America (AAFA) has declared May to be

More than 60 million Americans overall have asthma and allergies.

These numbers paint a picture of how many people in the U.S. are managing asthma and allergies. But they don’t paint a picture of the overall impact these diseases have on people and communities.

These conditions can be challenging to manage. But it’s important to remember your condition doesn’t define you.

Let's wear Red and Jeans on Monday May 20th to spread awareness.