

# Tinton Falls Middle School December 2018



**AVAILABLE DAILY**  
Deli Bar, Fresh Salad Bar, &  
Parfait Bar

*All sandwiches served on WW Torpedo, Kaiser & Wraps. Assorted Deli Meats and Cheeses  
Vegetarian options available*

3. Bagel, Egg, and Cheese Sweet Potato Wedges  Fresh Fruit & Fruit Cup	4. <b><u>Triple Dipper Tuesday</u></b> Buffalo Chicken Bites Pretzel nuggets French Fries Fresh Fruit & Fruit Cup	5. Chicken Parm Sub Steamed Broccoli Fresh Fruit & Fruit Cup	6. Cheesy Enchiladas Vegetarian Refried Beans Fresh Fruit & Fruit Cup	7. Philly Cheesesteak Hoagie Waffle Fries Fresh Fruit & Fruit Cup
10. Grilled Cheese w/ Tomato soup Glazed Carrots Fresh Fruit & Fruit Cup	11. <b><u>Triple Dipper Tuesday</u></b> Popcorn Chicken Pretzel Stick Potato Wedges Fresh Fruit & Fruit Cup	12. Mac & Cheese w/ Dinner roll Green Beans Fresh Fruit & Fruit Cup	13. Twin Tacos w/ all the fixings Southwest Black Beans	14.  <b>SINGLE SESSION DAY</b>
17. <b><u>Breakfast for Lunch</u></b> Mini Pancakes Sausage patty Hasbrowns Fresh Fruit & Fruit Cup	18. Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy Corn Dinner roll Fresh Fruit & Fruit Cup	19. Homemade Baked ziti w/ Garlic bread  Broccoli Fresh Fruit & Fruit Cup	20. Pizza Day French Fries  Fresh Fruit & Fruit Cup	21.  <b>SINGLE SESSION DAY</b>
24. <b>SCHOOL CLOSED</b>	25. <b>SCHOOL CLOSED</b>	26. <b>SCHOOL CLOSED</b>	27. <b>SCHOOL CLOSED</b>	28. <b>SCHOOL CLOSED</b>
31. <b>SCHOOL CLOSED</b>			<i>Grape Smuckers</i> <b>Uncrustables</b> Offered Daily Yogurt Parfaits and Fresh salad bar available daily	Paid Lunch \$3.00 Reduced Lunch \$.40 Milk \$.50  **Fresh Side Salad available daily

**AVAILABLE DAILY**  
Lean Beef Cheese & Hamburgers,  
Chicken & Spicy Chicken Patty

**BREAKFAST OFFERED EVERY FULL-DAY. All lunches served w/ choice of milk: 1%, Fat Free, Fat Free Chocolate**

## Daily Pizza Specials

[www.payschoolscentral.com](http://www.payschoolscentral.com) – View your child’s account activity

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Comments, Questions or Concerns call 732-542-1515

